

# MEET THE MENTORS

## Ana Rita Martins, MCM

### **Why do you think the BCO is important? Why did you join?**

I joined the BCO to be part of a group of likeminded professionals who believe we can move the industry forward, for me especially in sustainability. It is also about the networking and meaningful connections that come from a wide range of expertise within real estate.

### **What made you want to become a mentor?**

I wanted to join a broad industry group like BCO, where I can share my knowledge and contribute to areas where sustainability is still developing. Having been actively involved in climate advocacy, I now want to support real estate professionals who are keen to deepen their understanding of sustainability and apply it within their own roles.



### **What has been your biggest achievement as a mentor?**

I have supported professionals who wanted to shift towards more sustainable careers to grow in confidence and succeed. Some have even created their own sustainability departments or firms.

### **What are you most proud of in your career?**

One is being invited, for several years in a row, to be part of an expert committee with leading Portuguese corporate figures, including the former Health Minister, where we recognised the best wellbeing and healthy workplace projects in Portugal. The other is leading sustainability in design and construction at a time when it was not yet a strong focus. I had to carve my own path and build services from scratch in different companies, creating real value for clients.

### **What is the most useful piece of advice you've received during your career?**

First, strong leadership is always a work in progress. Second, if you are passionate about a field, believe in you and create your own career path.



**To meet our other mentors or find out more about how to apply to the Mentoring Programme, visit the [BCO Website](#)**